Re:Gen FSYS Trade Card Game by Ktopia

"The Jar Farm" (TJF) Quest Series – A Micro-Agroecology Adventure

Multiplayer Game Mode (single player available)

Theme: "From Seed to Sale: Grow, Create, Share!"

This 1 Week Quest Series turns sprouting seeds into a mini-business challenge, blending agroecology, nutrition, creativity, and entrepreneurship. Players grow sprouts in upcycled jars, learn about it's nutritional value, craft a product, "sell" it to family, friends and invent a dish featuring their produce—learning about food sovereignty, zero waste, gastronomy and local economies along the way.

Quest 1: "Seed Hunt" (Q-Points: 3)

- Action: Obtain seeds (lentils, alfalfa, sunflower, etc.)
- T-Points: Hand (Action) + Head (Knowledge)
- **SDGs:** 12 (Responsible Consumption), 15 (Life on Land)
- **Reward:** "Glass Farmer Starter Kit" (In-game jar icon)

Quest 2: "Building the Glass Farm" (Q-Points: 3)

- Action: Upcycle a glass jar, clean and poke holes in the lid for drainage.
- T-Points: Hand (Action) + Head (Knowledge)
- SDGs: 12 (Responsible Consumption),
- Reward: "Glass Farmer Starter Kit" (In-game jar icon)

Quest 3: "Soak & Awaken" (Q-Points: 4)

- **Action:** Soak seeds in water for **6-7 hours** (overnight works best!). Document observations in the **ACJ** (e.g., seed swelling, color changes).
- T-Points: Head (Knowledge) + Heart (Consciousness)
- **SDGs:** 6 (Clean Water), 13 (Climate Action)
- Reward: "Seed Whisperer" (Unlocks faster germination in-game)

Quest 4: "Daily Care" (Q-Points: 2 per day)

- Action: Rinse sprouts twice daily (morning/evening) and drain well. Track growth in the ACJ.
- T-Points: Hand (Action)
- SDGs: 6 (Clean Water), 13 (Climate Action)
- **Reward:** "Sprout Guardian" (Unlocks weather-resistant jar in-game)

Quest 5: "Brand Identity" (Q-Points: 5)

- Action: Invent a brand name, logo, graphics, and tagline (e.g., "Urban Sprout Co." "Fresh from Jar to Table!").
- T-Points: Heart (Consciousness) + Hand (Action)
- **SDGs:** 9 (Innovation), 12 (Sustainable Consumption)
- **Reward:** "Creative Farmer" (Unlocks custom branding in-game)

Quest 6: "Packaging Design" (Q-Points: 4)

- Action: Design eco-friendly packaging (e.g., handmade labels, reusable jars, or compostable bags).
- T-Points: Hand (Action)
- SDGs: 12 (Responsible Consumption), 13 (Climate Action)
- Reward: "Eco-Designer" (Unlocks sustainable packaging options)

Quest 7: "Product Storytelling" (Q-Points: 3)

- **Action:** Write a **short story or backstory** for your sprouts (e.g., "Meet Alfie the Alfalfa— grown with love in your kitchen!").
- T-Points: Head (Knowledge) + Heart (Consciousness)
- SDGs: 4 (Education), 10 (Reduced Inequalities)
- Reward: "Storyteller Farmer" (Unlocks narrative quests)

Quest 8: "Harvest" (Q-Points: 5)

- Action: Once sprouts reach 1-2 inches, harvest and cool them!
- T-Points: Heart (Consciousness) + Hand (Action)
- SDGs: 12 (Responsible Consumption),
- Reward: "Artisan Farmer"

Quest 9: "Sprout Chef Challenge" (Q-Points: 6)

- **Action:** Invent a **signature dish** featuring your sprouts as the star (e.g., "Sprout Power Salad," "Glass Jar Sprout Pesto Pasta").
- T-Points: Hand (Action) + Heart (Consciousness)
- **SDGs:** 2 (Zero Hunger), 12 (Responsible Consumption)
- Reward: "Gourmet Farmer" (Unlocks recipe cards in-game)

Quest 10: "Market Day" (Q-Points: 6)

- Action: "Sell" your sprouts to friends, family, or a local café. Document feedback in the ACJ.
- T-Points: Heart (Consciousness) + Hand (Action)
- SDGs: 1 (No Poverty), 8 (Decent Work)
- **Reward:** "Micro-Entrepreneur"

ktopia.eu / fsysgame.org / The Jar Farm" (TJF) Quest Series / v1 by Ibrahim Gadzama (West- Africa) & André Boeing (North-Europe)